

CFI | Rhinoplasty

*More than 150,000
Americans underwent
rhinoplasty surgery last year.*

Rhinoplasty (the procedure commonly called a nose job) is among the most common plastic surgery procedures performed. A nose that is out of balance, crooked, or too large will draw emphasis away from the eyes and become a focal point of the face. The cosmetic goal in rhinoplasty is to allow the nose to blend naturally with the rest of the facial features and be unnoticeable. Turned up, scooped out noses, which were popular a generation ago are no longer desired. Today's attractive nose is fuller, stronger, and more elegant.

Generally regarded as the most difficult of all cosmetic procedures to perform well, there are only a few experts who truly specialize in rhinoplasty around the country. The surgeons at CFI are particularly qualified to perform rhinoplasty because of their board certification in both otolaryngology (the branch of medicine that specializes in treating the ear, nose, throat, head & neck areas) and facial plastic surgery.

The nose is unique in that it also serves a very important function: it helps you to breathe. Too often, this is neglected by the surgeon who performs only the occasional rhinoplasty. Frequently, patients undergoing rhinoplasty also have difficulty breathing. If you have this problem or have nasal allergies, you may be a candidate for a functional rhinoplasty. At the time of your visit your surgeon can discuss this with you in detail. In some situations, your insurance carrier may provide benefits for a portion of the procedure. The cost for the cosmetic portion, however, will not be covered.

Rhinoplasty surgery can take anywhere from one to four hours. Each patient is different and your surgeon will discuss your surgery with you during your consultation. CFI physicians utilizes a gentle sculpting technique which means there is no significant bruising and swelling following surgery. Following the procedure there is very little to no discomfort; however, most people take a week off of work or school to recover while a splint stays in place. It is important to you refrain from heavy exercise for at least 2 weeks following surgery.

Rhinoplasty can take up to a year to see the final result because the nose settles and takes shape during this time. You will see your physician multiple times during the first year after your surgery.

To find out if you are a candidate for rhinoplasty, schedule a consultation with at CFI surgeon.

