

*Nearly 200,000 eyelid
rejuvenation procedures were
performed in the US last year*

CF | Blepharoplasty

Are people frequently asking you why you look so tired? The eyes are often described as the windows to the soul. They are one of the most inviting and memorable components of the face and, unfortunately, they are also one of the first parts of our face to show signs of aging. Excess skin, caused by a natural decrease in skin laxity, can cause a droopy upper eyelid or a wrinkled, "crêpey" appearance to the lower eye area. Women experiencing this often say they have difficulties putting on mascara and other eye make-up.

Excess eyelid skin and bulging bags can be remedied through a surgical procedure called blepharoplasty. If you have permanent puffiness of the upper eyelids and sagging of the lower lids, blepharoplasty may be for you. Many patients who have this procedure say they are constantly told they look tired and feel that they look much older than they actually are. The goal of a blepharoplasty is to look rejuvenated and rested without anyone knowing what you had done.

Some people are born with heavy lids or get puffiness under their eyes much sooner than others their age. This is typically a genetic predisposition and can be helped through this commonly performed surgery. For many patients an eyelid surgery on its own can provide the rejuvenated appearance they are seeking. There are some limitations to blepharoplasty: fine crepe-like wrinkles around the eyes, commonly known as crow's feet, will not gain an appreciable benefit from blepharoplasty alone. However blepharoplasty can be combined with laser resurfacing, medium strength chemical peels

and Botox® injections are options which can work together to address all of these issues. Excess upper eyelid skin may be partially due to descended eyebrows, and if this is the case, an eyebrow lift may be necessary to complete or maximize your result.

Eyelid surgery is performed in an outpatient surgery center. General anesthesia or a combination of local anesthesia and sedation is most often used. The procedure is permanent and it is rare for someone to need a secondary blepharoplasty. Following the procedure you can expect to be asked "Have you been on vacation?" Or "You look so good! What have you been doing?"

If you are interested in learning more about please make an appointment to meet a CFI surgeon.

Upper Eyelid Rejuvenation

